



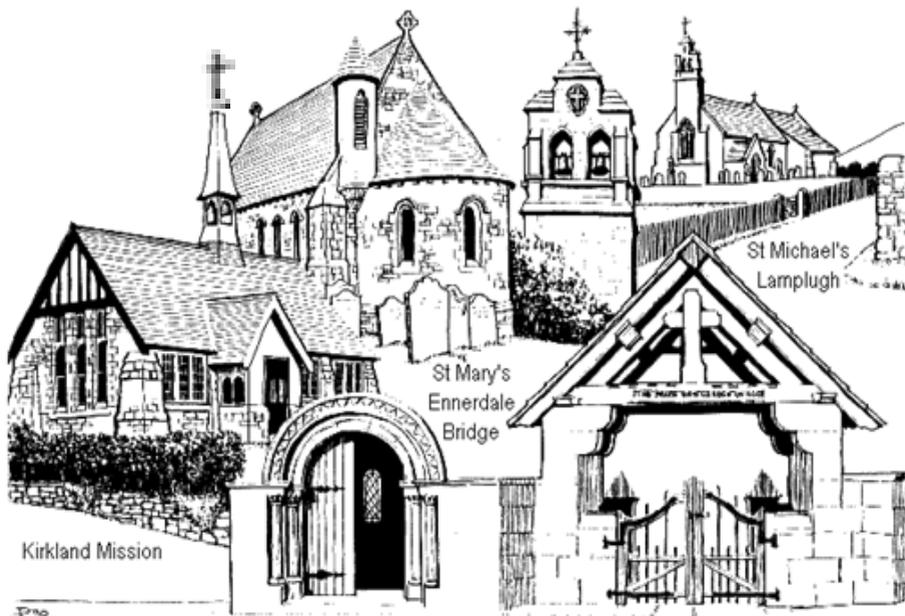
# CONTACT

Published by the Church Council for

**Lamplugh, Kirkland and Ennerdale  
Ecumenical Parish**

**One parish, three beautiful churches**

**April 2020**



## Church Officers and Contacts

**Minister:** Rev Ian Parker, 01946 861310, E-mail: [blackssailvicar@outlook.com](mailto:blackssailvicar@outlook.com) [Thursday is Ian's day off]

**Worship Leader:** Pam Carter. tel: 862329. Mob: 07545220617 E-mail: [pamcarter50@hotmail.com](mailto:pamcarter50@hotmail.com)

The Vicarage, Arlecdon, Frizington, CA26 3UB.

**Secretary:** Mr Michael Watts 861856 E-mail: [mbsmwatts@aol.com](mailto:mbsmwatts@aol.com)

**Treasurer:** Mr D Beak 861822

**Gift Aid Manager:** Mrs M Abbot 861963

**Deanery Synod:** Mrs M Abbot and Mr H Smith

**Methodist Minister:** Rev Paul Saunders 01900 823273 Western Fells Office: 01946 812880

**Editor of contact:** Mr Michael Watts 861856 E-mail: [mbsmwatts@aol.com](mailto:mbsmwatts@aol.com)

**Church Wardens:** Mr R Megan 862904 Mr C Atkinson 862327 **Electoral Roll:** Mr C Atkinson 862327

**Little Church:** Chris Murphy 862449 **Bible Study & Christian Fellowship :** Minister

**Messy Church Club:** Dorothy Nevinson C/o Minister

i) **Diocesan website:**

<http://www.carlisediocese.org.uk>

ii) **The National Churches Trust website:**

<https://www.explorechurches.org/church/st-michael-all-angels-lamplugh>

<https://www.explorechurches.org/church/st-mary-ennerdale-bridge>

iii) <http://www.achurchnearyou.com>

## Community contacts

**Borough Councillor:** Gwyneth Everett e-mail: [Gwyneth.Everett@Copeland.gov.uk](mailto:Gwyneth.Everett@Copeland.gov.uk)

**Borough Councillor:** Steve Morgan e-mail: [Steven.Morgan@Copeland.gov.uk](mailto:Steven.Morgan@Copeland.gov.uk)

**County Councillor:** Arthur Lamb tel: 07795 169595 e-mail: [arthur.lamb@cumbria.gov.uk](mailto:arthur.lamb@cumbria.gov.uk)

## LAMPLUGH

**PARISH COUNCIL** John Sloan, High Mill Barn, High Lorton, CA13 9UB tel:01900 85833

**EXECUTIVE HEADTEACHER** 861386

**ASSISTANT HEADTEACHER** 861386 [head@lamplugh.cumbria.sch.uk](mailto:head@lamplugh.cumbria.sch.uk)

**CHAIR OF GOVERNORS** Mr Andy Pratt email [chair@lamplugh.cumbria.sch.uk](mailto:chair@lamplugh.cumbria.sch.uk) c/o 861386

**SCHOOL LSA Chair** Amy Donohoe 07979254917 Secretary Laura Thompson, c/o school 861386

**SPORTS COMMITTEE** Guy Murray 862461

**YOUNG FARMERS** Mr B Wilson, Dockray Nook, Lamp. 861151

**WI** Mrs Brenda Shaw. 861804 E-mail: [BrendaShaw43@gmail.com](mailto:BrendaShaw43@gmail.com)

**SENIOR CITIZENS** Mrs M Cusack, East Leys, Lamp. 862441

**LAMPLUGH VILLAGE HALL** Mr Paul Twyford tel: **01946 861033.**

[www.lamplughvillagehall.org.uk](http://www.lamplughvillagehall.org.uk) - [bookings@lamplughvillagehall.org.uk](mailto:bookings@lamplughvillagehall.org.uk)

**KIRKLAND PLAY GROUP** Emma Shephard 07342677499 **PLAY GROUND** Mr C Whitfield Bott, 861180

## ENNERDALE

**PARISH COUNCIL** Mark Denham-Smith (Chair) (Tel 01946 861270)

Susan Denham-Smith (Clerk) (Tel 01946 861270) Email [ennerdaleclerk@btinternet.com](mailto:ennerdaleclerk@btinternet.com)

**PRIMARY SCHOOL** Mr David Moore, Headteacher. 861402 web: [www.ennerdale.cumbria.sch.uk](http://www.ennerdale.cumbria.sch.uk)

**SCHOOL GOVERNORS :** (Chair) Miss Danielle Heap 861402 & (clerk) Mrs Lynn Huddart 861402

**SCHOOL PTA** (Treasurer) James Gartland 861402 & (sec) Mrs M Whitefield Bott 861402

**SPORTS FUND** School. 861402

**NEIGHBOURHOOD WATCH** Joint Coordinators: Ian Topping 861195 & Ian Parker 861310

**Please advise any changes to [mbsmwatts@aol.com](mailto:mbsmwatts@aol.com) or 861856**

(PLEASE, IF YOU ARE UNABLE TO FULFIL A DUTY ON A ROTA  
WOULD YOU EXCHANGE WITH SOMEONE ELSE IF POSSIBLE)

FLOWER ROTA - APR 20

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.4.20	LENT	LENT	LENT
12.4.20	EASTER	TBA	EASTER
19.4.20	TBA	TBA	EASTER
26.4.20	TBA	TBA	TBA
3.5.20	TBA	TBA	TBA

SIDESPERSONS ROTA - APR 20

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.4.20	NO SERVICES	NO SERVICES	NO SERVICES
12.4.20			
19.4.20			
26.4.20			
3.5.20			

READINGS - APR 20

DATE	1ST READING	2ND READING	GOSPEL
5.4.20	ISAIAH 50:4-9a	PHILIPPIANS 2:5-11	MATTHEW 27:11-54
12.4.20	ACTS 10:34-43	PHILIPPIANS 2:5-11	MATTHEW 28:1-10
19.4.20	ACTS 2:14a, 22-32	1 PETER 1:3-9	JOHN 20:19-end
26.4.20	ACTS 2:14a, 36-41	1 PETER 1:17-23	LUKE 24:13-35
3.5.20	ACTS 2:42-end	1 PETER 2:19-end	JOHN 10:1-10

## Contact by e-mail:

If you would like a digital copy of Contact (in colour)  
Just e-mail me at [mbsmwatts@aol.com](mailto:mbsmwatts@aol.com)



And you can still receive your hard copy through the door too.

**contact**

**23<sup>rd</sup> April 2020**

**contact**

Copy Deadline for May edition of Contact  
Michael Watts, Editor: [mbsmwatts@aol.com](mailto:mbsmwatts@aol.com)

## Minister's letter

One of the congregations that I served while I was in London had met in three different places during the Second World War. The first building was requisitioned by the authorities, the second was bombed, but worship continued through those dark days. I remember my mother telling me that the main effects of the war on church life was that many churches moved their evening service to the afternoon during the winter months to avoid the blackout.

I am writing this on the evening of the first Sunday since the Romans left these shores when there has been no gathering together of Christian people for worship anywhere in England. "Unprecedented" is an over-worked word; but it is true to say that the circumstances we now find ourselves living under are truly unprecedented. Given the speed with which things have changed over the last seven days, I have no idea what the situation in the country will be in about two weeks time when you will read this. However, I am pretty certain that there is no prospect of normal life returning any time soon.

So we need to hold on to what is most important. Public worship in church may have ceased, but there are several services broadcast on radio and television each Sunday; and if you have access to the Internet the number of live streamed worship events is continually growing. I don't know who invented the phrase "social distancing" but it is a most unfortunate choice of words. The requirements of public health are a degree of *physical* separation between us; but the gravity of the situation also requires a maximisation of social contact!

The church I mentioned at the start of this letter had a lot of young men in membership at the outbreak of world War 2 (It ran cricket and football teams, and you had to be in church on Sunday to be picked for

the team the following Saturday!) Many of them volunteered or were called up and found themselves away from home. One older member of the congregation took it upon himself to write regularly to all of them. He carefully preserved their replies in large scrap books, which are now in the Imperial War Museum.

We have many more means of contact than they had eighty years ago. I've sent more emails to members of my congregation and to others in the local community in the last week than in the previous six months. Next week I shall be on the telephone to those who don't use email. Whether it is modern electronic communication, an old-fashioned telephone call, a note pushed through the door, or even a wave and a smile to a face at a window, we need to ensure that no one is isolated, even if they are in self isolation.

It will soon be Easter, and the message of Easter is always one of hope, because love is stronger than death.

Let us work together in these troubling times to maintain that sense of community which is a hallmark of Lamplugh, Kirkland and Ennerdale.

*Ian Parker*

From the Registers

*Weddings* Philip Anthony Howarth & Gemma Elizabeth Swansbury

on 29<sup>th</sup> February at Ennerdale

*Funerals* George Bruce aged 79 on 13<sup>th</sup> March at Ennerdale

## **An Apology and an Appeal**

With hindsight this notice should have appeared in last month's *Contact*, but better late than never! Because the parish has a relatively small population we decided to include in our stewardship programme everyone who lives in the parish, not just those we already know are supporting the church's work. Compiling the database from which the personalised appeal letters were generated proved to be a bigger job than anticipated, and although the launch was postponed from January to the middle of March there were still quite a lot of gaps and errors. So if you were just addressed as 'Parishoner' or your name was misspelled, or the letter was addressed to someone who used to live in your house, we are truly sorry and apologise for any hurt this may have caused.

If we managed to miss you out altogether and you haven't seen a copy of our appeal leaflet, which was predominantly blue on the front cover with photographs of all three churches, let me know and we can send you a copy. My contact details are inside the front cover.

The form on the back of the leaflet does not make it particularly clear that we would like it to be returned even if you are already helping out in some way; it will be good to know that your commitment is continuing.

In the current situation when services are not being held and fundraising events are not possible, we are particularly grateful to all those who contribute to our funds by standing order, and will be even more grateful to those who feel able to increase theirs. If you only give via the collection plate on Sunday morning, please remember to set aside what you would have put in had there been a service to attend. I'm sure that by the time the May *Contact* comes out a solution will have been found to this problem.

Thank you for reading this far.

**Ian Parker**

## Martha Jackson Writes .....

Easter always started early for me. I used to start and save all the onions peelings to dye the Hen eggs with, after Christmas.

The lads used to help with wrapping 'em up in newspapers with't onion peelings. Sometimes daffodil leaves were rolled round them and tea leaves was used. They used to write their names on the Paschal eggs with candle fat before they were boiled, so that their names showed up. Then they were boiled gently in a pan slowly. Boiled 'em for ten minutes

On Easter Sunday afternoon we went to a steep hill behind the farm to roll them down. More exciting than the chockie eggs. You just get fat on 'em. Our version was more healthy in two ways – got the lads out exercising in the fresh air – and no chocolate eggs in them days, Vicar Ian!

Before we reached home, the eggs were eaten. Then for Supper we all had one and went round the table to 'conker' them to see who'd won. Good fun was had.

I remember my friend Dorothy Richardson had some chickens on a piece of wood. Don't just know how it worked, but the hens'd peck the ground in turn. Fascinating it was. Made by a German. He was a soldier based at Moota Camp. They used to work on farms round about Cumberland, as it was i'them days. Think he worked on their farm and made it one Easter.



Round about Easter, on't farm, we prepared for our new chickens coming. Hamblings Butchers used to come for the old hens as they had stopped producing eggs. We always kept a few back for't Pot. Bob used to wring their necks and I'd 'efto pluck the feathers off and clean out the guts. I used to use methylated spirits to swinge off the hairs by putting it on the fire shovel, pouring on a bit'o meths and setting light to it. Mmm, really tasty to eat – more flavour than what you buy in shops today. Used to cut off the wings to use to sweep the hearth.

For a year or two we bought ten-day or so chickens. George, Bob's brother, was with us then. He used to buy week-old chicks and keep them in a incubator. Then, after we bought them and they came with

feathers on – roughly six weeks old, I think. Much easier to rear.

I always said that it was the hens that paid the rent.

Sorry to say we didn't have much time for Church with milking cows morning and night and other farming jobs jobs, until we retired. It was , not a 9 to 5 job.

Well, hope you have a happy Easter spite of this horrid virus, an I hope to write another of Martha Jackson writes next month. *Martha*

## LAMPLUGH VILLAGE HALL

### Forthcoming events

**28thApril** Village Hall Committee meeting

**It is with great sadness that the Village Hall Committee has learned that Bob Marshall ,a founder member of the Committee, passed away on the 18th March. We hope to publish in the next edition of Contact a full tribute to Bob who was such a driving force not only within this Committee but in the Parish of Lamplugh and beyond. Our thoughts are with Betty, Fiona and Helen and members of Bob's family.**

**Full details for all clubs, societies and their activities are listed on the Village Hall website.**

[www.lamplughvillagehall.org.uk](http://www.lamplughvillagehall.org.uk)

**For further details about any events or hiring of the hall, please contact Mark Stevens on 07543 876490 or by email at marklvh@yahoo.com. Check Hall availability on the website calendar – menu item 'Hire the hall'.**

**Events details, posters and updates can also be found on the website and on Facebook – tickets and reservations can be made by email to [bookings@lamplughvillagehall.org.uk](mailto:bookings@lamplughvillagehall.org.uk)**

## Find your Easter hymns

1. Ila oyrlg audl and orouhn
  2. Ila nveach arlsdcee
  3. nda acn ti eb
  4. eb Istli nda nkwo hatt i ma ogd
  5. eb tllsi fro teh erscnepe fo eht rdol
  6. earebht no em tabahr fo gdo
  7. hrsict het rlod si eisnr ydaot
  8. ofmr anehev ouy ocme
  9. eh si rdol
  10. i ecandd ni eht grnnimo
  11. i oknw taht ym rdemreee eilsv
  12. amke wya, amek awy
  13. onrmnig ahs eonkrb
  14. deri no, ider no ni mateysj
  15. Kroc fo gsae
  16. eth dol rgdeug srcos
  17. heter si a negre illh raf awya
  18. tnihe eb teh lgoyr
  19. eerw ouy heter
  20. enwh i rsevuy the dunroswo ocsrcs
- answers: elsewhere!



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Web: [www.west-coast-group.co.uk](http://www.west-coast-group.co.uk)

**We thought you might like to occupy your time with some creative activity in preparation for the annual Ennerdale Show.**

ENNERDALE AND KINNISIDE SHOW 26<sup>th</sup> August 2020

HANDICRAFTS

Hand knitted garment for a baby up to 2 years old

Hand knitted hat and scarf set      Hand knitted twiddle muff

Hand knitted garment in any ply

Hand knitted article suitable for “Operation Christmas Child” shoebox

Any article made from fell wool

A handmade felted item (needle or wet felting)

A hand crocheted article

A length of homemade bunting (maximum 2 metres)

A handmade soft toy      A sample of quilting

Any article in recycled materials      Any item crafted out of paper

A homemade article suitable for a gift stall

A homemade cushion      Any embroidered article (not cross stitch)

Any article in cross stitch      A handmade anniversary card

A novelty mug      A small gift wrapped parcel

An exhibit of craftwork by a person over 60 years of age

Any homemade cosmetic

PHOTOGRAPHY AND ARTWORK

A photo with FILTERS & EFFECTS produced by a person under 16 years of age

A coloured snapshot “SEASHORE”

A mounted photo taken in the Parishes of Ennerdale, Lamplugh and Kinniside during “AUTUMN”

A photo of a “WATERFALL” for the North West Water Trophy

A favourite photo with a caption

A picture in WATERCOLOUR/PASTELS

Any mixed media work of art

An original work of art by the exhibitor

FLOWER ARRANGEMENTS

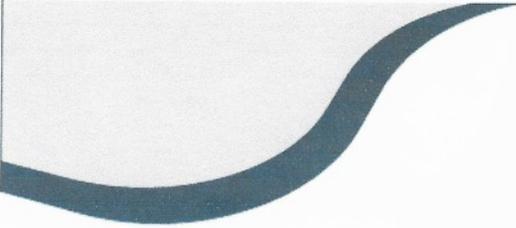
An arrangement of flowers (foliage allowed)

An arrangement of “Greenery”

An arrangement “2020 vision”

An arrangement in a “Shot glass”

A “Floating” arrangement



Ennerdale and Kinniside Parish Council  
Susan Denham-Smith – Clerk  
Routen Farm Cottage  
Ennerdale CA23 3AU  
Tel : 01946 861270  
ennerdaleclerk@btinternet.com

# Hello!

**Are you isolating due to Coronavirus and need a little help with day to day tasks?**

The Gather and Ennerdale and Kinniside Parish Council, together with local volunteers are coordinating help for those in need with people who can help.

**Call us if you need help with:**

**Shopping  
Prescriptions  
Dog Walking/pet care  
Household problems  
Information  
or Feel Lonely or confused**

**Contacts:**

**Ennerdale & Kinniside**

Emma Shepherd – Tel: 07342 677 499 (call or text) or 01946 395300 after 7pm;

Email: [bookings@ennerdalecentre.com](mailto:bookings@ennerdalecentre.com)

Back up contact - Rev Parker: Tel: 01946 861310; Email: [blacksaivicar@outlook.com](mailto:blacksaivicar@outlook.com)

**Kirdand & Lamplugh**

Michael Watts – Tel: 01946 861856; Email: [mbsmwatts@aol.com](mailto:mbsmwatts@aol.com)

Back up contact – Rev Parker: Tel: 01946 861310; Email: [blacksaivicar@outlook.com](mailto:blacksaivicar@outlook.com)

And we will do our best to help you out.

**Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.**





# COMMUNITY SHOP

## NOW OPEN

*Your safety is our priority*

Following the government guidelines issued on the 20th March 2020 the cafe at The Gather Ennerdale is closed until further notice

### The Community Shop at The Gather

Open Daily from 11am until 3pm

Stocking a selection of fresh and essential items

Are you socially isolating or do you have reduced mobility?  
If you live in the Parishes of Ennerdale & Kinniside or Lamplugh  
we have volunteers available to deliver your shopping

The Community Shop is available to all members of the community

If you don't fall into the categories above we request that you collect your items from The Gather  
Let us know when you are on your way and we will be more than happy to bring your shopping to your car

More products will be introduced as they become available

Please get in touch if there is anything you specifically need

### Meat

- 2 Chicken Breasts
- 500g Beef Mince
- 6 Sausages
- 6 Bacon Rashers
- 4 Slices Cooked Ham

### Bread

- Thick Sliced Granary
- Thick Sliced White

### Store

### Cupboard

- Branstons Beans
- Chopped Tomatoes
- 1kg Sugar (granulated)
- 1.5kg Plain Flour
- 1.5kg Self Raising Flour

### Dairy & Eggs

- 2L Whole Milk
- 2L Semi Skimmed
- 250g Butter (salted)
- 250g Butter (unsalted)
- 250g Flora Spread
- 6 Free Range Eggs
- 250g Cheddar Cheese

### Fruit & Veg

- Granny Smith Apples
- Easy Peelers Oranges
- 1kg Carrots
- 2kgs White Potatoes
- 1kg Onions
- 1kg Bananas
- Broccoli

**To place an order or to offer your services  
as a volunteer please contact Emma**

Email: [bookings@ennerdalecentre.com](mailto:bookings@ennerdalecentre.com)

Telephone: 01946 395300 After 7pm

Text: 07342677499

**Once you have placed your order we will  
confirm a time for collection or delivery  
Credit/Debit Card Payment is preferred  
or Cash/Cheque on collection**

There may be occasions where we are unable to fulfill some items from your order, if this is the case we will always try to offer you an alternative

***“Giving our older generation the opportunity to live fulfilled and independent lives, through providing personalised advice and support”.***

Copeland Age and Advice Service’s (CAAS) new, not for profit, Social Enterprise provides information, advice and guidance to over 55’s in relation to financial matters, housing issues and in enabling people to live safely and independently wherever they choose.

CAAS provide:

- Benefit checks and assistance with making relevant benefit applications
- Advice and help on money matters
- Help to understand and access relevant Housing Options
- A form filling service i.e. Blue Badge applications, Power of Attorney forms, Disabled Facilities grant applications, completion of housing forms etc.
- Support with Independent living through an assessment of a client’s home in relation to the recommendation of relevant aids, equipment and adaptations.
- General advice and information on later life issues

Local ladies Becky Goddard and Lesley Amor decided to set up CAAS after they were made redundant from their roles when funding ceased for the Place Based Prevention Project, previously ran by Age UK West Cumbria.

Lesley Amor, Financial Director says “We knew what a huge impact this service had on our clients and letting it go just wasn’t an option for us”.

“We believe that to assess a client’s needs fully we need to carry out a full holistic assessment in their home environment, currently no other organisation provides this specialist support locally” said Lesley. “We know from experience that client’s often do not know about the help and services available, and so will never approach anyone to ask for assistance, making them vulnerable and at risk”.

Operations Director Becky Goddard added “With a large proportion of the population living rurally, access to services can be challenging. Many areas have poor transport links and therefore a service that provides home visits for clients who are unable to access an office base, whether due to difficulties with their health or their remote location, means they will still be able to access our support”.

The staff have many years’ experience in supporting the over 55’s in Copeland along with a large network of contacts in relevant fields such as Health Care Professionals, Health and Social Care staff and a variety of third sector organisations. They are qualified Trusted Assessors as well as agents for the DWP and have a shared passion to support the vulnerable older generation in a caring and compassionate manner.

Copeland Age and Advice Service are funded through Copeland Community Fund, Cumbria Community Foundation, The National Lottery Community Fund and Sellafield Charity Snowball.

For more information on this service please contact the team on 01946 552166, email [referrals@caasteam.com](mailto:referrals@caasteam.com) or visit their website [www.caasteam.com](http://www.caasteam.com).



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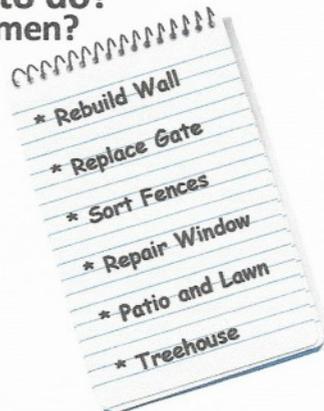
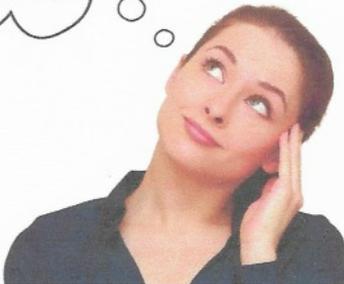
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# **The Fox and Hounds Craft Group**

**Craft and Craic in Ennerdale Bridge since 2011**

**Normally - Every Friday from 10-12pm**

**March - Felted Landscape Pictures**

At the beginning of March we started to tap into our artistic creativity - painting with wool. The first session was used as a practice blending the fibres to make new colours and testing our ability to transfer our ideas and pictures onto the fabric canvas with a needle felting needle. It also had 2 other advantages: 1, we could wait for the new blended colours with added silk sheen to arrive and 2, the second picture would be a much bigger masterpiece. Little did we know at the time that Coronavirus would enforce a period of time crying out for activities to fill it. A felted masterpiece would fit the bill perfectly!

The pictures you see were the almost finished "prototypes" from the first week so when we meet again we will have produced an exhibition of felted landscapes.

**April - This is My Life in Craft Work**

**UFO and Show and Tell your oldest project**

As April was scheduled for a month to breathe and catch up I am sure this will happen remotely and in our own homes as we remain in isolation. May or June whenever we start back will be one hell of a show and tell, knowing how many UnFinishedProjects we all have at home

**With optimism and hope that some part of 2020 will resume a normal rhythm the rest of the Programme for 2020 is listed below.**

**As we are not meeting at the Fox and Hounds for the foreseeable future and**

if you are at a loss for something to do may I encourage you to Google the project titles below and look at the images which inspire us every month. You may even be inspired to have a go at something yourself or just enjoy the images. If you do please send me your images to [susan@wildwoolworkshop.co.uk](mailto:susan@wildwoolworkshop.co.uk) and check out the Wild Wool Workshop facebook page for past and current projects. Also feel free to contact me by email if you need any assistance with a project.

May - String Art

June - Knitted Hats

July - Natural Flower Dyeing and Shibori Dyeing

September Hooky Rugs - start to collect fleece and wool fabric with a picture in mind

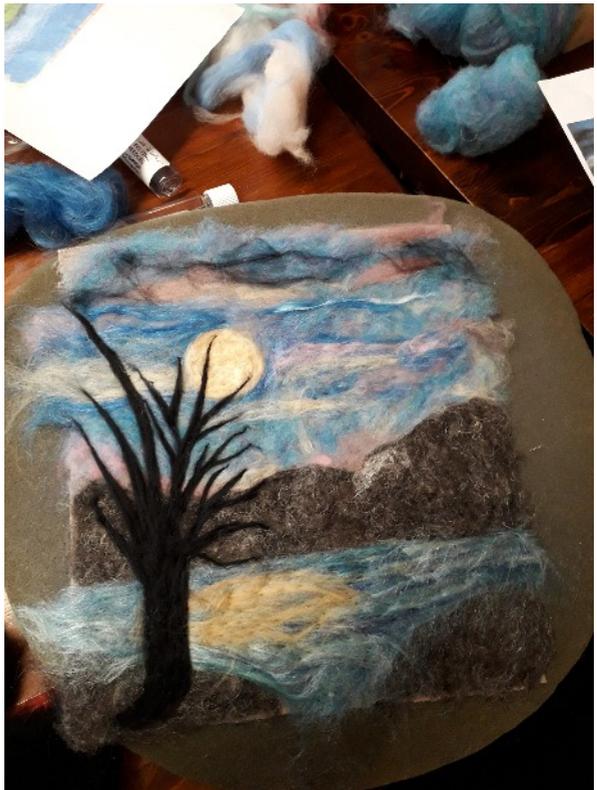
October - Felted Poppies.

November December Christmas Decorations

We hope to see you all again soon

Susan

Contact Susan Denham-Smith tel 01946 861270 for further details.



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