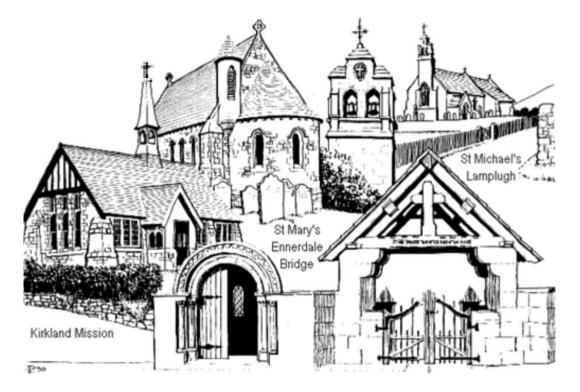




Published by the Church Council for Lamplugh, Kirkland and Ennerdale Ecumenical Parish

One Parish, Three Beautiful Churches for Everyone **November 2023**





Church Officers and Contacts

Minister: Rev Ian Parker, 01946 861310, E-mail: blacksailvicar@outlook.com [Thursday is Ian's day off] Secretary: Mr Michael Watts 861856 Email: mbsmwatts@gmail.com

Treasurer: Mr D Beak 861822

Gift Aid Manager: Mrs M Abbot 861963

Deanery Synod: Mrs M Abbot and Mr D Beak

Methodist Minister: Rev Paul Saunders 01900 823273

Western Fells Office: 01946 812880

Editor of Contact: Mr Steve Parker: (m) 07968 230507 (h) 861318 E-mail: steve_parker@msn.com, Greenthwaite, CA23 3AR Church Wardens: Mr R Megan 862904 Mr C Atkinson 862327

Electoral Roll: Mr C Atkinson 862327

Little Church: Chris Murphy 862449 Bible Study & Christian Fellowship: Minister

First Tuesday at 2: Susan & Michael Watts tel: 01946 861856

Messy Church Club: Minister

i) Diocesan website: <u>http://www.carlislediocese.org.uk</u>

ii) The National Churches Trust website:

https://www.explorechurches.org/church/st-michael-all-angels-lamplugh https://www.explorechurches.org/church/st-mary-ennerdale-bridge

iii) http://www.achurchnearyou.com

Cleator Moor West and Arlecon Ward contact

Ward Councillor: Linda Jones-Bulman Email: linda.jones-bulman@cumberland.gov.uk

LAMPLUGH

PARISH COUNCIL: Angela Meek - Clerk, Newlands Lane, Workington, Cumbria, CA14 3NF 01900 65360 Email: lamplughpc@gmail.com Website: <u>https://www.lamplughpc.co.uk</u>

KIRKLAND C of E ACADEMY

EXECUTIVE HEADTEACHER: Mark Hazzard 861386 Email: Executivehead@kirkland.cumbria.sch.uk

HEAD OF SCHOOL: Mrs Katie Robinson 861386 Email: head@kirkland.cumbria.sch.uk

CHAIR OF GOVERNORS: Mr Andy Pratt Email: chair@kirkland.cumbria.sch.uk

SCHOOL LSA Chair: Amy Donohoe 07979254917; Secretary Laura Thompson, c/o school 861386

SPORTS COMMITTEE: Guy Murray, 862461

YOUNG FARMERS: David Walker 07799 606569 / 01946 830243

WI: Mrs Brenda Shaw, 861804; Email: BrendaShaw43@gmail.com

SENIOR CITIZENS: Mrs M Smith, Kirkland, 862108

LAMPLUGH VILLAGE HALL: Secretary: Mark Stevens on 07543 876490 Email: marklvh@yahoo.com.

Website: www.lamplughvillagehall.co.uk

<u>KIRKLAND</u>

PLAY GROUP: Harriet Malone 07788 590185

PLAY GROUND: Mrs Hilary Stitt, (01946) 862603

LAMPLUGH AND ENNERDALE OIL BUYING GROUP: David Beak Email: lamplughfuel@gmail.com ENNERDALE

THE GATHER: Website: <u>https://thegatherennerdale.com/</u> Tel:01946 862453 bookings@ennerdalecentre.com PARISH COUNCIL: Website: <u>https://www.eandkpc.co.uk</u>

Chair: Julian Thursz Email: julian.thursz@eandkpc.co.uk

Clerk: Jane Coltman 07977 339928 Email: clerk@eandkpc.co.uk

PRIMARY SCHOOL Mr David Moore, Headteacher. 861402 https://www.ennerdale.cumbria.sch.uk

SCHOOL GOVERNORS: (Chair) Miss Danielle Heap 861402 & (clerk) Mrs Lynn Huddart 861402

SCHOOL PTA: (Treasurer) James Gartland 861402 & (sec) Bridget Johns 862036

SPORTS FUND: School. 861402

NEIGHBOURHOOD WATCH: Joint Coordinators: Ian Topping 861195 & Ian Parker 861310

Please advise any changes to steve parker@msn.com or 07968 230507

(PLEASE, IF YOU ARE UNABLE TO FULFIL A DUTY ON A ROTA WOULD YOU EXCHANGE WITH SOMEONE ELSE IF POSSIBLE)

FLOWER ROTA - November 2023

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.11.23	-	J.JENNINGS	-
12.11.23	-	K ATKINSON	J BRUCE
19.11.23	-	K ATKINSON	-
26.11.23	-	A FEARON	J MEGAN
3.12.23	-	A FEARON	-

SIDESPERSONS ROTA - November 2023

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.11.23	B FEARON	M WATTS	-
12.11.23	-	C ABBOT	R HODGSON
19.11.23	C AYLING	M ABBOT	-
26.11.23	-	M WATTS	J DAVIS
3.12.23	B FEARON	C ATKINSON	-

READERS ROTA - November 2023

DATE	ENNERDALE	KIRKLAND	LAMPLUGH
5.11.23	M LACHLAN & B FEARON	C ATKINSON	-
12.11.23	-	S WATTS & D BEAK	R MEGAN & J MEGAN
19.11.23	S GUISE & B FEARON	C ABBOT & M WATTS	-
26.11.23	-	A LEE & R WATSON	J DAVIS & R MEGAN
3.12.23	B FEARON * M LACHLAN	M WATTS	-

READINGS - November 2023

DATE	1ST READING	2ND READING	GOSPEL	
5.11.23	REVELATION 7:9-end	1 JOHN 3:1-3	MATTHEW 5:1-12	
12.11.23	AMOS 5:18-24	1 THESSALONIANS 4:13-`8	MATTHEW 25:1-13	
19.11.23	ZEPHANIAH 1:7,12-end	1 THESSALONIANS 5:1-11	MATTHEW 25:14-30	
26.11.23	EZEKIEL 34:11-16,20-24	EPHESIANS 1:15-23	MATTHEW 25:31-46	
3.12.23	ISAIAH 64:1-9	1 CORINTIANS 1:3-9	MARK 13:24-37	
CONTACT 23rd November 2023 CONTACT				
	$\ \nabla \mathbf{u} \nabla \mathbf{v} \ = \mathbf{v} \nabla \mathbf{u} \nabla \mathbf{v}$			

Copy Deadline for the DECEMBER / JANUARY double edition of Contact Steve Parker, Editor: <u>steve_parker@msn.com</u> (m) 07968 230507 (h) 861318

Minister's Letter

As I write, the world is waiting for Israeli forces to invade Gaza, following an incursion from that territory into southern Israel by armed men who caused great loss of life. There is concern that conflict will spread to other parts of the Middle East. I have no idea what the headlines will be when you read this, but, sadly, it is a safe bet that the intractable conflicts of the region will not have been settled.

One of the more horrific aspects of the dreadful news that has come from the region in recent weeks is the fact that casualties on both sides have included young children, and even babies. Reflecting on this has prompted in me feelings of sadness and great anger against all leaders, whether involved in this conflict, or in fighting in other places or in other times. It doesn't matter whether they are elected leaders of impeccably democratic countries, or shadowy figures leading obscure terrorist organisations, or something between those extremes. What gives them the right to put political advantage, or ideology, or the 'right' of self-defence above the right to life of innocent children? What historic injustice or long-standing grievance from the past justifies snuffing out the future of those whose lives have hardly begun? Those who order or condone or accept the use of indiscriminate violence, those who deny food and water and medical care to non-combatants, diminish their own humanity as they fail to recognise the human rights of others.

I am forced to recognise that in the matter of putting ideology above common humanity, church leaders have not always been blameless. As far as I am aware, it is several centuries since force was used to suppress "heresy" and impose orthodox doctrine. The Spanish inquisition is no more. But in recent years there have been far too many cases where protecting the reputation of the church took precedence over compassion for the victims of wrongdoing.

It seems to be far too easy for those who claim to be Christians to take their eyes off the example of Jesus. He advocated non-violence, set up no organisation that needed to be protected, and taught that there was no higher way of serving him than meeting the needs of those who were suffering.

When the Communist party came to power in China, foreign Christian missionaries were all expelled. The last to leave had missed the deadline, and his only means of escape was to cross a river. The ferryman who took him across was a communist. The missionary asked, "Why are you, a communist, helping me, a Christian?" The ferry man replied, "I too am a man".

May we all enhance our own humanity by respecting the humanity of others.

Ian Parker

From the Registers : Funeral: John Martin, aged 82, at Lamplugh on October 18th

Prayer for the Holy Land

O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land.

> Be with those who need you in these days of suffering; we pray for people of all faiths -Jews, Muslims and Christians and for all people of the land.

While we pray to you, O Lord, for an end to violence and the establishment of peace, we also call for you to bring justice and equity to the peoples.

Guide us into your kingdom,

where all people are treated with dignity

and honour as your children,

for to all of us you are our Heavenly Father.

In Jesus' name we pray. Amen

The Very Revd Canon Richard Sewell, Dean of St George's College Jerusalem.

Thoughts and Prayers for Remembrance Day

Submitted by Mary Johnson



THE INQUISITIVE MIND OF A CHILD

Why are they selling poppies mummy? Selling poppies in town today The poppies are flowers of love For the men who marched away But why have they chosen a poppy mummy Why not a beautiful rose? Because my child men fought and died In the fields where poppies grow But why are the poppies so red mummy? Red is the colour of blood my child The blood our soldiers shed The heart of the poppy is black mummy Why does it have to be black? Black my child is the symbol of grief For the men who never came back But why mummy are you crying so? Your tears are giving you pain My tears are my fears for you my child For the world is - FORGETTING AGAIN



PRAYERS FOR HONOUR AND REMEMBRANCE

Dear God,

We are blessed to have a nation of brave men and women who have sacrificed greatly for our country.

Our nation celebrates and commemorates their memory in honour of their courage and service.

May this prayer encourage and strengthen those who have lost loved ones, inspire those who are serving in the military and pay respect to those who have given their all for our freedom.

We are free to worship and free to pray, We are free to speak and free to read your words. We know that it is only in you true freedom is found.

In Jesus' name.

Amen

Editor's Note - November 2023

The clocks are going back and the nights are drawing in and all too soon we'll be preparing for Christmas! But first, in November, we have the celebrations of Remembrance Day (or Poppy Day) and Remembrance Sunday. In most countries, Remembrance Day is observed on 11 November to recall the end of First World War hostilities. That dreadful war formally ended "at the 11th hour of the 11th day of the 11th month" of 1918. But as we are all too aware, the "war to end all wars" has not stopped the fighting.

Reverend Ian Parker has written a thoughtful piece about everything that is going on in the Middle East and the wider world at the time of writing, and **Mary Johnson** has sent us a moving poem and a prayer for this time of remembrance.

If you do wear a poppy or leave a wreath or attend a ceremony on Sunday 12th, do take a moment to give thanks for the efforts and the sacrifices of those who went before us. The dates and locations of the Remembrance Sunday ceremonies are on the back page, should you wish to attend.

In other news, there will be more opportunities to enjoy the delights of the new Lamplugh Village Hall! There is a concert featuring the delights of the vintage-style singer "Miss Pearl" on Friday 24th November!

The weekend prior to this will see the annual **Christmas Art & Craft Fair** at **The Gather** in Ennerdale and **Saturday 18th** and **Sunday 19th November**. This is always a well attended event, with free entry and some delicious cakes available to go with your tea or coffee. There is always a great range of stalls and some fabulous items to stock up on for Christmas.

My thanks as usual to everyone who has contributed to this edition - Reverend Ian Parker, Michael Watts, Julian Berkeley, Sue Addyman and Mary Johnson. And my apologies if I have forgotten anyone - please drop me a line and I'll mention you next month!

As always, if you have any thoughts on the content or any articles you would like to have published, then do please drop me a line. I look forward to your feedback!

Steve Parker (steve_parker@msn.com)

Advertisers please note: The price of paper and the other items that affect the cost of producing Contact have been increasing since we last fixed the rate for adverts – it is at least 10 years since there was an increase! To meet these rising costs the charges for new advertisements in Contact have increased. All new adverts will be charged at the rates shown below:

> Cost to advertise per year (10 issues) Full page:£250 2/3rds page:£175 Half page:£125 1/3rd page: £90 1/6th page:£50 For single ads 20% of the above

> > page 7



The Women's Institute has been going strong for over 100 years. The first meeting in the UK was at Anglesey on 16th September 1915.

The formation of WI was a suggestion of a Canadian, Madge Watt.

The organisation followed the pattern of the Canadian WI and by 1918 the UK had 137 branches of The Women's Institute.

The aim of the WI remains the same today, to create a world where women can come together to learn , make friends, share skills and work together to become active citizens, influencing change to improve lives .

From a humble start in a small North Wales village the WI went on to boost food supplies during both World Wars, ground breaking campaigns on equal pay and AIDS awareness, cervical screening, plastic pollution to name a few.

Today, nationally, the WI has approx 220,000 members throughout the UK.

Lamplugh WI has a membership of 30, which has grown recently.

Lamplugh WI enjoy trying something new. Recently they have canoed on Derwentwater, tried a dip in Ennerdale, listened to beautiful music by Harps North West and visited The Carnegie Theatre to watch an excellent performance of The Phantom of The Opera.

They have a walking group and are looking to set up a book club.

Lamplugh WI meet the second Tuesday of each month 7pm @ Lamplugh Village Hall .

New members are always welcome, or come as a visitor if you are unsure of joining.

Sue Addyman



LAMPLUGH VILLAGE HALL





Friday 24th November 7.30pm start Songs from the 40's to the modern day Tickets £10 To Book call 07543 876490 or online at: <u>www.lamplughvillagehall.co.uk</u>



Licenced bar, card payments available



Save the Date!

Switching on the Christmas Tree Lights

Saturday 2nd December Bridge Park Ennerdale Bridge

More details to follow...

Ennerdale C of E Primary School - Scarecrow Festival

This year's annual Scarecrow Festival, organised on the school's behalf by the *Friends of Ennerdale & Kinniside School* (FOEKS), was another great success!



The many entries were all creatively crafted, and some excellent presentations and stagings were on show around the village during the days leading up to the festival.

After careful consideration, the judges awarded the prizes to the following Scarecrows (and their creators):

1st: Mr McGregor (The Gather) 2nd: Tom, Ice Cream Vendor (Jill, Viv and Sandra) 3rd: Couple in Garden (Suzanne) 3rd: Baker (The Fyes)

A total of **£418** was raised! And the winners - **The Gather** - graciously donated their winnings to the school.

More pictures are on the school's Facebook page:

https://www.facebook.com/ennerdaleschool

Charity "Cake Off" - Saturday, 30th September The Gather, Ennerdale



A grand total of **£500** was raised for Hospice at Home West Cumbria V

Emma Shepherd, the manager said, "Thanks to everyone who contributed and supported today's *Cake Off* at The Gather. We're thrilled to donate £500 to Hospice at Home West Cumbria 🧡

Congratulations to our "Cake Off" WINNER - Celia ${f Y}$

Save the Date!

Lamplugh & District Sports Committee The Annual Childrens' Christmas Party



Saturday 2nd December 13:00 - 15:00



at Lamplugh Village Hall

Come along for some fun and games, with opportunities for prizes. Enjoy some refreshments and look out for a visit from Santa!

Free Admission All children welcome

GOING GREEN GRACEFULLY No. 33

Going off-piste (or off the driveway!)



Living in these beautiful, but rather remote, Cumbrian villages, most of us have a car or two. Some are parked on the road, others on a driveway if our house has such a facility. Now, if your driveway is looking a little past its best, perhaps with the surface beginning to break up, there may be some points you'll wish to consider when replacing it and, of course, there's an environmental impact that needs to be factored in as part of the plan.

Cumbria has always been one of the wettest parts of England, and we are all only too aware of the recent number of significant rain events that have led to flooded roads and flooded properties. If your driveway simply re-directs rain into the road, it is going to exacerbate the problem, putting the local drainage system under increased pressure. In addition, dirt or oil lying on the surface will be washed into the system, causing an environmental hazard. One further point: local aquifers need water percolating down from the ground surface, providing water for plants and for the soil-dwelling ecosystem, as well as lightening the load on our drains.

So, what's the solution? The use of a porous material for the driveway: perhaps gravel-based or modern types of porous concrete or asphalt. Extruded bricks, with holes in, allow water through and, over time, allow growth of grass, etc., giving the driveway a more natural look. Modern resin-bound surfaces also allow water to move through the material as well as being flexible and resistant to cracking. These surfaces are constructed over a hardcore base, which holds on to the rainwater, allowing it to slowly percolate down into the soil.

Even a relatively simple task, like replacing your driveway, gives you an opportunity to improve the environmental situation, rather than add to the load – who knew?

Julian Berkeley



Lake District Foundation NATIONAL TRAILS

This Trail begins at St Bees on the West Coast and ends at Robin Hood's Boy on the East Coast. We want local views to shape the development of the Trail.

Scan the QR code to fill in a short survey before 24th November 2023.







We are the Lake District Foundation, a small charity that works to protect the wildlife, heritage and landscapes of the Lake District and Cumbria.

We ore working with Natural England to hear from communities along the entire Coast to Coast Path. As well as passing through the Lake District National Park, this runs through the North York Moors and Yorkshire Dales.

For more information:

M emily.hicks{{złlokedistrictfoundotion.org

Learn more about the project via lakedistrictfoundation.org/national—trails



Lamplugh Parish Council

Here is a brief summary of the September 27th Meeting at Lamplugh Village Hall. Attendees: Cllr Roger Braithwaite (Vice Chair), Cllr Mark Maisey, Cllr Ed Surman (Chair), Michael Watts, Cllr Julie Whittaker, Cllr Paul Wilson, A Meek (Clerk). Full minutes available on website and notice boards.

There were no apologies for absence received and no resignations, no co-options to note.

Footpaths - Andrew Smith expressed interest in rejoining the council as a parish councillor, with a focus on footpaths as many are unusable with overgrown foliage issues. His co-option was approved by councillors.

217 Bus Group - Councillor Gwyneth Everett, requested a Parish Councillor to become a signatory for the 217 Bus Group bank account. Cllr Surman volunteered, and all councillors agreed, with the necessary forms signed at the meeting's conclusion.

First Responders - Chris Abbot, first responder, said of cases of people not ringing 999 in the first instance of an emergency but looking for a nearby defibrillator, he asks to highlight that in an emergency 999 should always be the first instance.

Insurance - Councillors accepted an insurance settlement of £2,645 for the stone bus shelter at Lamplugh Cross, covering incurred costs and a potential replacement.

Planning Applications - Watsons Dairies, Cllr Surman's concerns regarding road safety have gone unanswered, leading to a decision to arrange a meeting with relevant officials from the Highways Department and Cumberland Council.

Fitz Bridge traffic lights - A parish resident used the Freedom of Information Act to inquire about the management of three-way traffic lights at Fitz Bridge, spanning from late December 2020 to mid-July 2023 and costing £34,560, whether they were functioning or not. The needed repair is estimated at £45,000, with completion expected by April 5, 2024. Councillors expressed frustration with the long-running issue, considering the expenditure absurd. They commended the resident's diligence in reporting and tasked Cllr Wilson with arranging a follow-up meeting with Cumberland Council.

Community Projects - Various community projects were discussed, including a defibrillator box, a telephone box, a notice board. Cllr Surman will seek consent for a defibrillator at Crossgates from homeowners.

Village Hall - Cllr Watts has received the lockable box for the defibrillator and is waiting for the electrician to set up.

Poppy/Remembrance Day - this will be observed on Sunday 12 November 2023 the clerk will purchase a poppy wreath – Cllr Watts will present the wreath at the memorial at St Michael's Church Lamplugh.

D-Day 80th - A letter from the Pageant master discussed the possibility of involvement in the D-DAY 80 event on June 6, 2024. However, councillors decided that Town and County Councils would be more suitable for planning such events.

Next meeting - 22nd November 2023



Looking for expert advice on car purchases and servicing?

At J Edgar & Son Rowrah, our knowledgeable sta0 are here to assist you every step of the way.

Whether you're a first-time buyer or a long-term customer, we're dedicated to providing an outstanding service.



We've ca>me a long way in over 1ttt1 years!

O194b 8s1bo7 www.edgars.co.uk Rowrah Road, Frizington, CumDria CA2d 3XJ



THE 6ATHER CAFE 6SH0P - ENNERDALE BQID6E - CA233AQ -01946862453



LAMPLUGH KIRKLAND ENNERDALE ECUMENICAL PARISH



CHRISTMAS COFFEE MORNING

Kirkland Mission SATURDAY 25th November

From 10.30 AM until 12 NOON COME ALONG FOR A CUP OF COFFEE OR TEA ALONG WITH OUR HOMEMADE SCONES AND CAKES Christmas Tombola + Christmas cards & trimmings



Donations of cakes and prizes would be welcome



Community Led Clean-up of Churchyard at St Mary's, Ennerdale

The older, eastern end of the Churchyard at St Mary's, Ennerdale had become noticeably overgrown, and a number of visitors to the area had commented on the apparent lack of maintenance.

At the instigation of a number of parishioners, and led by E&K Parish Councillor **Beth Wright**, a small group of volunteers gathered on the morning of Sunday 22nd October and, armed with their own tools and motivation, set about clearing brambles, weeds and an accumulation of fallen leaves and other detritus!

Apart from a short burst of rain early in the day, and considering that Storm Babet had just passed by leaving multiple weather warnings in its wake, the team were very fortunate with the weather.

There was much to do on the day and the volunteers were delighted to get locally provided refreshments to help them with their efforts. There is still work to be done, and ongoing maintenance will be required, but the initial results of this joint venture are impressive!

Let's hope that any visitors to the churchyard will appreciate just how much has been achieved in just a few hours of communal work.



Thank You to all the volunteers!



Before:

More images and comments are at the "**Kirkland Cumbria and Ennerdale Bridge Area**" Facebook page: <u>https://www.facebook.com/groups/244573277601244/</u>

Thanks to Karen Thursz for the photographs!

Lamplugh & District Heritage Society meetings 2024

The Society's monthly meetings are held at

Lamplugh Village Hall, Cumbria CA14 4SF

on the 4th Thursday each month, (commencing at 7.30pm).

No meetings are held in August and December.

Provisional dates and speakers for 2024:

Thursday, Jan 26th	AGM and Members' Night
Thursday, Feb 22nd	Barry Hoggarth - slide show
Thursday, Mar 21st	Mike Mappleton - Cumbrian Postal Past
Thursday, Apr 25th	Rob Steele - A Wasdale Lad
Thursday, May 23rd	Dolly Money
Thursday, June 27th	Chester Forster - churches
Thursday, July	Visit
Wednesday, August 28th	Ennerdale Show
Thursday, Sep 26th	Stephen Cove : High Living in the Duddon Valley. Archaeological excavations of mediaeval long house
Thursday, Oct 24th	To Be Announced
Thursday, Nov 28th	Barry McKay (twitter)
December	No meeting

Speakers can change, so keep an eye on up-to-date information on our website:

https://sites.google.com/view/lamplughheritage

or via our Facebook page:

https://www.facebook.com/LamplughHeritage



Michael Watts writes:

A very big "Thank you" to everyone who attended and contributed to the recent *Harvest Coffee Morning* at the **Kirkland Mission** (on 7th October). The event was a great success.

Kindling Sticks

Do you want to help the Great North Air Ambulance?

Tubs of kindling sticks are available and can be delivered (in Ennerdale, Kirkland, Arlecdon, Asby and Lamplugh, other areas by arrangement) or can be collected from:



The Gather in Ennerdale.

Please note they are **£4 a tub** from the 1st September 2023.

To order contact **Derek Tunstall** by phone 07841 370644 or email tunstallderek@gmail.com

ADVERTISEMENTS





Quarry Bank Farm, Winder, Arlecdon CA26 3UJ www.woofsandwagswinder.co.uk 07393744687

ARBORSCAPE

VOUR LœcAD TREE EXPERTS

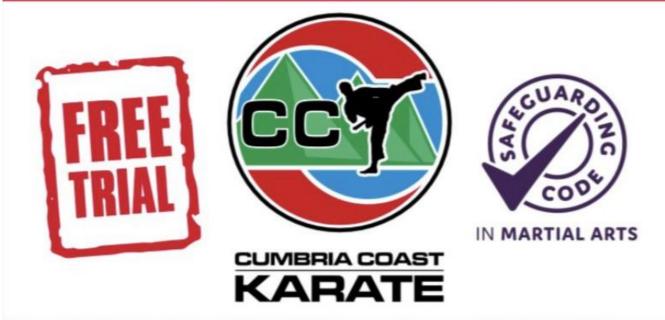
CovzRixc Akk AsRzcTs oW YRxz, sxRuæ Ax - xzocx, ixsTAkkAYiox, mainyenance and remova%.

P'REE NO OBLIGAYION @UOYE

ovsvs vovosa | sAueARaORECA@E.u«

WWW.A R&ORECA DE. UK

BEGINNERS CLASSES ENROLLING NOW www.cumbriacoastkarate.co.uk



ADULTS, TEENS, BOYS AND GIRLS, AGED 6 YEARS OLD ABOVE

Lamplugh Village Hall Monday 6-8pm

Ennerdale - The Gather Wednesday 6-8pm High Harrington Community Centre Tuesday 6-8pm

Harrington Scout Hut Thursday 6-8pm Sunday 5-7pm

LEARN KARATE IN A FAMILY FRIENDLY CLUB BUILD SELF CONFIDENCE IMPROVE SELF ESTEEM IMPROVE FITNESS LOSE WEIGHT LEARN HOW TO USE IN SELF DEFENCE FAMILIES TRAINING TOGETHER FOR MORE INFO OR TO ENROL CALL 07543876490

(THIS NUMBER DOES NOT ACCEPT TEXT MESSAGES)

ALL INSTRUCTORS ARE FIRST AID TRAINED AND DBS CHECKED

The Fox & Hounds ENNERDALE BRIDGE, CUMBRIA CA23 3AR

01946 861373email:info@foxandhoundsinn.org website:www.foxandhoundsinn.org



WE ARE OPEN FROM /2.00 TO 23.00 DAILY

FOOD IS SERVED MONDAY TO THURSaAv e z2.00 TO 20.30 FRIDAY TO SUNDAY G12.00TO 21.00

DRINKS SERVED ÖAILY /2.00 TO 22.30

TABLE RESERVATION & ECOMMENDEDAND ESSENTIAL AT WEEKENDS 6 DURIN6BANK/SCHOOL HOLIDAYS



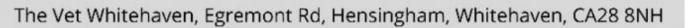
West Cumbria's Newest Independent Small Animal Veterinary Practice

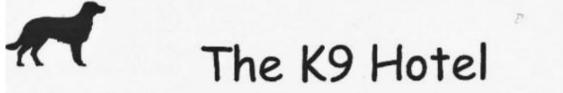
Book your pet's appointment today!

01946 878108



thevetwhitehaven.co.uk







Now stocking a range of pet treats and wild bird food

Dog treats – all natural meaty and fishy treats – hypoallergenic and gluten free – great for puppies and older dogs

High quality bird food - different mixes & pack sizes available

Also available - antler chews, squirrel food, hedgehog food

FREE LOCAL DELIVERY

Get in touch for product and price information: call/text 07745558803, email K9ennerdale@yahoo.com or visit our website K9ennerdale.square.site



Oil and Gas Boiler/Heafing Engineer Ennerdale



- Repair
- v Braakdown

Certificates

- Pressure jet and vaportstry burners
- Aga & Rayburn
- OI, Nat Gas & LPG

Contact Jul@n & Kaen Th«rsz

0194B 881415

Bluebellbollers@gmail.com







Modezn, private (uneral home>in Cleator Moor and Egremont

Family xun indepenileilt Funchal Directors providing a professional and caring x-crvice

Pre-paid funeral plans available

Telephone: 01946 810241 Office: Towerson Street, Cleator, CA23 3EL www.arhfuneraldirectozs.com



J

Proprietors- Joe & Jean Adams and Ross & Wendy Parke

Advertisements

To advertise in Contact

please call or email Steve Parker Tel: 07968 230507 e-mail: steve_parker@msn.com Cost to advertise: per year full page:£250 - 2/3rds page:£175 1/2 page:£120 - 1/3rd page: £90 1/6th page: £50 single ads: 20% of above.

New Hall Firewood

Kiln dried logs or Wood Pellets

Hardwood, Softwood, Half Crates or Large Crates of Ash logs

Call us on 01900 814424 Or visit website at www.newhallfirewood.co.uk

Paul Russell Electrical Services

City & Guilds qualified and NICEIC registered for all your domestic and light commercial work including:

- Additional sockets and lights.
- External electrics.
- Additional circuits eg. to garages and outbuildings.
- Fault finding and call outs.
- Consumer unit upgrades
- Full rewires.
- Electrical conditional reports for landlords, sellers or buyers.
- Portable appliance testing.

All work guaranteed to be carried out to the highest standards at a competitive price. Why not call me today?

Tel: Lamplugh 01946862493 Mob: 07796230055 Email: paulrussellelectrical@gmail.com

F. IRVING & SON

24hr Personal Service

Private Chapel of Rest

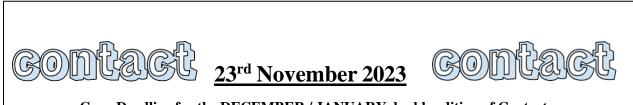
Family Firm

A complete funeral service with a modern refurbished funeral home, from a family run business proudly serving the local community. Now in its IhiA&generation,,wilth over 60yxanss off dedicated. tadilicibmal and canimgservilae,

COMPLETE FUNERAL PACKAGES PRE-PAI D FUNERAL PLANS (please ask us fordetails)

ISz-15j Main Street • Frizington • Cugibris CA2S 3SB Tel 01946 810473

	SERVICES AND EVENTS		
October 2023			
18th October	1.30pm Kirkland Mission: Bible Study		
22nd October	9am St Michael's Lamplugh: Holy Communion 11:00am Kirkland Mission: Holy Communion (Informal)		
29th October	10:30am St Mary's, Ennerdale: United service. Methodist (HC)		
	November 2023		
5th November	9am St Mary's, Ennerdale: Holy Communion 11:00am Kirkland Mission: Cafe Church		
12th November Remembrance Sunday	9am Kirkland Mission: Holy Communion and Remembrance 10.30am St Michael's Lamplugh: Remembrance Sunday Service 2.30pm St Mary's Ennerdale Churchyard. Wreath Laying .		
15 th November	1:30pm Kirkland Mission: Bible Study		
19 th November	9am St Mary's, Ennerdale: Holy Communion 11:00am Kirkland Mission: Service of the word 3:00pm Kirkland Mission: Messy Church		
25 th November	10.30am Kirkland Mission: Christmas coffee morning		
26 th November	9am St Michael's Lamplugh: Holy Communion 11:00am Kirkland Mission: Holy Communion (Informal)		
27 th November	2:00pm Kirkland Mission: Church Council meeting		
December 2023			
3 rd December	9am St Mary's, Ennerdale: Holy Communion 11:00am Kirkland Mission: Cafe Church		
5 th December	2pm Kirkland Mission: First Tuesday at 2		



Copy Deadline for the DECEMBER / JANUARY double edition of Contact Steve Parker, Editor: <u>steve_parker@msn.com</u> (m) 07968 230507 (h) 861318